

OF THE SEA

- FISH FILLETS - With Tartar Sauce and American Cheese Melted on a French Roll \$ 6.00
 TUNA CROISSANT MELT - White Tuna Salad with Melted American Cheese on a flaky Croissant \$ 5.95
 TUNA MELT - White Tuna Salad topped with American Cheese served on Rye and Baked \$ 5.25
 THE BROOK - White Tuna Salad topped with American Cheese and served on a French Roll with all the Trimmings - Lettuce, Tomato, Onions, Oil, Vinegar and Oregano \$ 6.00

CREATE YOUR OWN

Choose from our large selection of Thumann's Deli Meats and Cheese
 (Served on your Choice of Rye, Whole Wheat, Round Roll or Marble. Long French Roll, Bagel, Multigrain, Oat-Nut or Croissant - add .55, Wrap or Brick Oven Roll - add \$1.55)

Very Hungry?? Make it a Hungry Hero for \$1.00 more!!

WRAPS

- CAESAR - Grilled Chicken, Romaine, Parmesan and Caesar Dressing \$ 6.95
 DIET - Grilled Chicken, Mesclun, Tomato and Dijon Mustard in a Wrap \$ 6.95
 PROVOLONE - Grilled Chicken, Roasted Red Peppers and Provolone \$ 6.95
 CREAMY - Grilled Chicken, Creamy Vegetable Cheese, Lettuce and Tomato \$ 6.95
 TBLT - Turkey, Bacon, Lettuce, Tomato, Swiss and Creamy Honey Dijon in a Wrap \$ 6.95
 SMOKED - Smoked Turkey, Bacon, Cheddar, lettuce, Tomato and Mayo in a Wrap \$ 6.95
 WEIGHT - Turkey (2 ounces), Lettuce and Tomato with Mustard in a Wrap \$ 6.95
 SLAW - Roasted Beef, Turkey, Cole Slaw and Russian Dressing in a Wrap \$ 6.95
 BLEU - Roast Beef, Bleu Cheese, Provolone and Bacon in a Wrap \$ 6.95
 MHT - Maple Honey Turkey, Muenster Cheese and Creamy Honey Mustard with Mesclun and Tomatoes in a Wrap \$ 6.95
 VEGETABLE - Grilled Vegetables, Mesclun, Roasted Red Peppers and Sun-Dried Tomatoes in a Wrap \$ 6.95

SALAD PLATTERS

- TOSSED LETTUCE/TOMATO SALAD - \$ 3.25
- DELUXE TOSSED SALAD - Includes Hard Boiled Eggs and Croutons \$ 3.95
- CHEF SALAD of Ham, Turkey and Swiss over Tossed \$ 6.25
- ANTIPASTO SALAD of Ham, Salami, Pepperoni and Provolone over Tossed \$ 6.25
- COMBO PLATTER - Choose one of: Chicken, Tuna or Egg Salad;
 And Choose one of: Pasta Vegetable, Cole Slaw, Macaroni or potato Salad served over Greens \$ 6.25
- PASTA VEGETABLE - Spiral Pasta with Fresh Basil, Tomato, Vinaigrette and Asiago Cheese ... \$ 5.95
 with Grilled Chicken \$ 6.95
- CAESAR SALAD - Crisp Romaine Lettuce, Crunchy Croutons and Grated Parmesan Cheese ... \$ 5.95
 With Grilled Chicken \$ 6.95
- HOMEMADE TUNA, EGG AND WHITE MEAT CHICKEN SALAD
- ASK FOR OUR DAILY SALAD SPECIALS

Condiments:

- | | |
|---|----------------------------------|
| Italian Dressing, Ketchup, Mayo, Mustard, No-Fat Mayo | Gravy \$0.65 |
| Oil and Vinegar, Olive Oil, Oregano, Russian | Grilled Onions \$0.65 |
| Bacon \$1.50 | Honey Mustard \$0.65 |
| Brie Cheese \$1.00 | Horseradish \$0.65 |
| Cheese \$0.65 | Hot Pepper rings \$0.65 |
| Cole Slaw \$0.65 | Pesto \$0.65 |
| Cranberry Sauce \$0.65 | Roasted Red peppers \$0.65 |
| Cream Cheese \$0.65 | Sauerkraut \$0.65 |
| Fresh Mozzarella \$1.00 | Sun Dried Tomatoes \$0.65 |
| | Sweet pepper Rings \$0.65 |
| | Garlic Butter \$0.65 |

SIDES & EXTRAS

- Homemade Soups Daily - Selections Vary
- Potato Chips, Pretzels
- Fruit Snacks
- Fresh fruit Salad
- Pickles
- Many Fat Free Snacks also Available!

HOME-BAKED GOODS

- Large Chocolate Chip, Oatmeal Raisin or Peanut Butter Chip Cookies \$1.00
- Assorted Brownies \$2.50
- Rice Pudding \$2.50

CATERING

For all Your Corporate Events - Special Occasions
 (Birthdays, Showers, Brunches, Graduations, Etc.)

Ask about our Selection of Seasonal Themed Menus!
 (Thanksgiving, Christmas, Gourmet BBQ's, Cinco De Mayo and more...)

Box Lunch

\$10.95

Choice of Standard Sandwich with Lettuce & Tomato on a Long French Roll

- Oven Roasted Beef
- Ham
- Turkey
- Italian Combo
- Chicken, Tuna or Egg Salad

Includes: Pasta Salad, Tossed Garden Salad with Italian Dressing and Homemade Cookie
 Fork, Napkin & Straw

*** Great for Taking to the Park or a Game ***



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 in
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SPECIALTY SANDWICHES

1. **FRESHLY PREPARED CHICKEN CUTLETS**
Served on a French Roll with your choice of Mayo, No Fat Mayo, Russian or Mustard
 - 1a. Melted American, Lettuce and Tomato on a French Roll \$ 6.15
 - 1b. Parmigiana (Marinara Sauce, Parmesan and Mozzarella) \$ 6.50
 - 1c. Cordon Bleu (with Ham and Swiss Cheese melted) \$ 6.95
2. **HEARTY HONEY CHICKEN HERO** - Slices of Roasted Chicken Breast, Muenster, a Touch of Honey Mustard and Sweet Peppers on a Brick-Oven Roll baked till Hot and Crispy \$ 6.95
3. **CHICK-A-CHEESE STEAKS** - Hot Chicken Cutlets served with Grilled Onions, Gravy and Mozzarella Cheese on a French Roll and Baked till Crispy \$ 6.75
4. **CBLT** - Chicken Cutlet with Bacon, Lettuce and Tomato on a French Roll with Mayo \$ 6.75
5. **HONEY DIJON CHICKEN HERO** - Chicken Cutlets marinated in Dijon Mustard and White Wine then breaded with Our Own Blend of Bread Crumbs and Fresh Grated Cheese and Sauteed. Served with Our Own Honey Mustard Sauce on French Roll \$ 6.50
6. **SMOKED TURKEY MELT** - Smoked Turkey with Melted Muenster and Lettuce on a French Roll slathered with Russian Dressing \$ 6.15
7. **THE MÜNSTER MELT** - Fresh Roasted Turkey Breast served on a French Roll slathered with Russian Dressing and topped with Bacon and Muenster Cheese then Melted. Yummy! \$ 6.95
8. **JACKIE'S FAVORITE SANDWICH** - Smoked Turkey and Brie Cheese melted on a Brick-Oven Baked Roll loaded with Honey Mustard \$ 6.95
9. **THANKSGIVING ON A ROLL** - Our own Oven-Roasted Turkey Breast served with Homemade Stuffing, Cranberry Sauce and Gravy - all together on a Soft Round Roll \$ 6.50
10. **BBB HERO** - Roasted Chicken Breast with Melted Brie and Bacon served on a French Roll with Grilled Onions. The Best! \$ 6.95
11. **SMOKEY MOUNTAIN-TURKEY STYLE** - Smoked Turkey, Muenster and Honey Mustard with lettuce on a French Roll \$ 6.15
12. **MAPLE HONEY TURKEY HERO** - Maple Cured and Honey Glazed Turkey with Melted Muenster Cheese, Honey Mustard and Lettuce on a French Roll \$ 6.15
13. **CHICKEN PESTO HERO** - Chicken Cutlet with Pesto, Melted Monterey Cheese and Tomato on a French Roll \$ 6.75
14. **MONTEREY CHICKEN HERO** - Chicken Cutlet with Ranch Dressing, Lettuce and Tomato on a French Roll with Melted Monterey Cheese \$ 6.75
15. **HONEY TURKEY MELT** - Turkey, Muenster Cheese and Honey Mustard on a Hot Croissant \$ 6.15
16. **TURKEY CHEDDAR MELT** - Fresh Turkey Breast, Grilled Onions, Garlic Butter and Melted Cheddar on a French Roll \$ 6.95
17. **CHICKEN MUSHROOM MELT** - Roasted Chicken Breast, Bacon, Sauteed Mushrooms and Melted American Cheese on a French Roll \$ 6.95
18. **THE SWISS MELT** - Fresh Turkey Breast, bacon and Russian Dressing on a French Roll with Melted Swiss \$ 6.95
19. **ITALIAN SAUSAGE ON A FRENCH ROLL** with your choice of the following:
 - a. Peppers and Onions \$ 6.25
 - b. American Cheese and Hot Peppers \$ 6.25
20. **SMOKEY MOUNTAIN HERO** - Slices of Baked Virginia Ham with a rich smokey flavor topped with Muenster Cheese served on a French Roll with Honey Mustard and Baked \$ 5.55
21. **DOUBLE PEPPER HERO** - Slices of Pepperoni and Roasted Red peppers topped with Fresh Mozzarella and baked till Crispy \$ 5.50
22. **EGGPLANT "SANDWICHES"** - Slices of Eggplant with thin slices of Genoa Salami and Provolone Cheese baked together to form a "Sandwich" then served on a French Roll with Fresh Grated Asiago Cheese \$ 6.50
23. **HOT TAYLOR HAM** \$ 4.25
With American Cheese on a French Roll. Ketchup at your request \$ 4.90

SPECIALTY SANDWICHES

24. **HAM AND CHEESE MELT** - Thin slices of Ham topped with Swiss Cheese and Melted on a French Roll \$ 4.80
25. **BLT** - Bacon, Lettuce and Tomato with Mayo served on Choice of Bread \$ 4.50
26. **SNOCAP** - Our very popular Hero of Oven-Roasted Beef served on a French Roll with Garlic Butter, topped with Mozzarella and then baked till crispy! \$ 6.50
27. **HUNGRY HERO SNOCAP** - Same as the Original but with More Meat \$ 7.50
28. **MEATBALL HERO** - Hot Homemade Meatballs on a French Roll \$ 5.50
29. **MEATBALL PARMESAN HERO** - Hot Homemade Meatballs topped with Mozzarella and Parmesan Cheese on a French Roll \$ 6.50
30. **HOT PASTRAMI SWISS** - Melted Swiss over heaps of Pastrami slices, topped with our creamy Cole Slaw on Rye \$ 6.25
31. **HOT REUBEN** - Heaps of Pastrami or Corned Beef topped with Sauerkraut and Swiss melted on Rye slathered with Russian Dressing \$ 6.25
32. **THE HOBOKEN** - Tender slices of Hot Roast Beef, Grilled Onions with Melted Swiss on Toasted Rye slathered with Russian Dressing. A Really Tasty Combo! \$ 6.75

VEGETARIAN

33. **EGGPLANT PARMIGIANA** - Our freshly made Eggplant Cutlets served with Marinara Sauce and topped with Mozzarella & Parmesan Cheese then baked on a French Roll \$ 6.50
34. **PESTO BRIE HERO** - Spinach Walnut Pesto and Sun Dried Tomatoes topped with a Rich Creamy French Brie Cheese melted on a French Roll \$ 5.75
35. **TUSCANY HERO** - Spinach Walnut Pesto spread on French Bread then topped with Roasted Red Peppers and Mozzarella then Baked till Crispy \$ 5.75
36. **PIZZA BAGEL** - A Bagel topped with Marinara Sauce, Mozzarella, Parmesan Cheese and Oregano then baked \$ 3.50
37. **MELTED PROVOLONE ON HOT GARLIC BREAD** - Garlic Butter slathered on a French Roll topped with Provolone Cheese and baked \$ 4.50
38. **ITALIAN WRAP** - Provolone Cheese, Lettuce and Tomato with Italian Dressing in a Wrap \$ 4.65
39. **WHITE HERO** - Fresh Mozzarella with Sun-Dried Tomatoes, Slice of Purple Onion, Fresh Tomatoes, topped with Balsamic Vinaigrette & baked on Brick-Oven Bread till Warm and fruity! \$ 6.75
40. **GARDEN BURGERS** - Low Fat and Low Calorie Vegetable Burgers of Mushrooms, Onions, Rice and Barley on a Round Roll with Lettuce, Tomato and Russian Dressing \$ 5.50
41. **ITALIAN EGGPLANT HERO** - Seasoned and Fried Eggplant Cutlets, Slices of Fresh Mozzarella, Roasted Red Peppers with Pesto baked on a Brick Oven Roll \$ 6.75

COMBOS

42. **ITALIAN HERO** - Our Hottest Selling Hero! Boiled Ham, Cooked Salami and Provolone Cheese \$ 5.50
43. **ANIMAL HOUSE** - Turkey, ham, Roast Beef, Corned Beef and Swiss \$ 6.50
44. **HAMMER HEAD** - Ham, Hard Salami, Prosciutto \$ 5.75
45. **DELUXE ITALIAN** - Prosciutto, Ham, Fresh Mozzarella \$ 6.95
46. **1/2 STRANGLER** - Ham, Cooked Salami, Cappelletti, Provolone \$ 5.95
47. **ANTIPASTO COMBO** - Ham, Hard Salami, Pepperoni, Provolone \$ 5.95
48. **ANTIPASTO IN A WRAP** - Ham, Salami, Pepperoni and Provolone in a Wrap with Lettuce, Tomato, Onions, Oil and Vinegar \$ 6.75

(Above served on a French Roll with Lettuce, Tomato, Onion, Oil, Vinegar and Oregano)

COMBOS

49. **SPECIAL HERO** - Fresh slices of Roast Beef and Turkey layered on a french Roll slathered with Russian Dressing then topped with our crunchy Homemade Cole Slaw \$ 6.95
50. **DOUBLE PEPPER HERO** - Pepperoni, Provolone and Roasted Peppers \$ 5.95
51. **SICILIAN HERO** - Thin slices of Prosciutto on a Soft french Roll layered with Roasted Peppers then topped with Thick Slices of Fresh Mozzarella and then Drizzled with Pure Olive Oil and Oregano \$ 6.95
52. **SICILIAN DELUXE HERO** - Thin slices of Prosciutto and Genoa Salami on a French Roll topped with Sun-Dried Tomatoes & thick Slices of Fresh Mozzarella and drizzled with Pure Olive Oil and Oregano \$ 7.25

\$6.50 CLUB SANDWICHES

53. **CHICKEN (OR TUNA) SALAD CLUB CAR** - An overstuffed club sandwich on 3 slices of toasted Rye with our own Homemade Chicken (or Tuna) Salad, Bacon, Lettuce and Tomato
54. **BAKED CHICKEN CLUB CAR** - An overstuffed club Sandwich on 3 slices of toasted Rye with our own Roasted Chicken Breasts, Bacon, Russian Dressing, Lettuce and Tomato
55. **TURKEY CLUB CAR** - Fresh Oven-Roasted Turkey, Bacon, Russian Dressing, Lettuce and Tomato on 3 slices of toasted Rye
56. **BAKED HAM CLUB CAR** - Baked Virginia Ham, Muenster Cheese, Bacon, Mustard, Lettuce and Tomatoes on 3 slices of toasted Rye
57. **CORNED BEEF CLUB CAR** - Corned Beef, Swiss, Bacon, Mustard, Lettuce and Tomatoes on 3 slices of toasted Rye

FROM THE GRILL

- | | |
|--------------------------------|--------|
| 6 OZ. HAMBURGER | \$4.75 |
| 6 OZ. CHEESEBURGER | \$5.40 |
| 6 OZ. BACON CHEESEBURGER | \$6.50 |
| TURKEY BURGER | \$4.75 |
| TURKEY BURGER W/CHEESE | \$5.40 |
| PHILLY STEAK SANDWICH | \$5.00 |
| PHILLY STEAK W/CHEESE | \$5.45 |
| ALL-VEGGIE GARDEN BURGER | \$5.50 |
| CHICKEN FINGERS | \$4.50 |
| GRILLED CHEESE | \$3.95 |
| TUNA MELT | \$5.25 |
| FRENCH FRIES | \$1.75 |
| CURLY FRIES | \$2.25 |
| ONION RINGS | \$2.50 |

Make it a "Deluxe" Add Regular French Fries to anything for just \$1.25 more!
(does not include Curly Fries)